

U9 Seasonal Structure OPTION 2: TRANSITION TO FULL-ICE PLAY

PHASE	Prep/Evaluation Phase & Development Phase	Regular Season Phase	End-of-Season Phase
DURATION	Up to 12 WEEKS prior to the start of the Regular Season phase	Up to 14 WEEKS after the completion of the Development phase	Up to 6 WEEKS after the conclusion of the Regular Season phase
ICE SET-UP	HALF-ICE GAMES	HALF-ICE GAMES	MAY PROGRESS TO FULL-ICE
BALANCE	45% OF THE SEASON	45% OF THE SEASON	10% OF THE SEASON
VOLUME	UP TO 12 WEEKS	UP TO 14 WEEKS	UP TO 6 WEEKS
PRACTICES	14 PRACTICE SESSIONS	34 PRACTICE SESSIONS	7 PRACTICE SESSIONS
GAMES	UP TO 6 GAMES	UP TO 22 GAMES	UP TO 12 GAMES
JAMBOREE/TOURNAMENTS	1 JAMBOREE	1 JAMBOREE/TOURNAMENT	1 JAMBOREE/TOURNAMENT