



## NORTHERN ONTARIO HOCKEY ASSOCIATION

110 LAKESHORE DRIVE  
NORTH BAY, ONTARIO P1A 2A8  
PHONE: (705) 474-8851 • FAX: (705) 474-6019  
[www.noha-hockey.ca](http://www.noha-hockey.ca)



### NOHA OVERAGE PLAYER POLICY

**Revised as of August, 2022**

An Association, on behalf of their registered Player, may submit a request to their Local League to have a Player participate in a lower age division in Recreational (House League) games only. An Association that does not participate in a Local League but plays within their own Association may submit a request to their Board of Directors to have a Player participate in a lower age division in Recreational (House League) games only.

Requests to the Local League will not be permitted beyond January 1st.

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The Player will be permitted to play in a lower age division under the following conditions:

- The majority of the League Board members must vote in favour of the Player participating in the lower age division.
- This is permitted for Recreational (House League Players only). Representative Players would not be permitted to play down an age division.
- The Player is only permitted to move down one age division (e.g. Player is U13 age, therefore, the Player can only move down to the U11 age division).
- The Player must not be considered a strong Player on the Team that they are going to be playing with.
- Player movement is only permitted if it provides a benefit to the individual Player.
- The name(s) and Player number(s) of all overage Players must be distributed to all Associations that are participating in the League.

The League reserves the right to move any Player back up to their proper age category at any time during the season.

A copy of these approvals must be filed with the NOHA Council Director and the NOHA Office.

All Players must be registered in the Hockey Canada Registry (HCR) on the roster with whom they are participating. The Association is to contact the NOHA Office ([kmaitland@noha-hockey.ca](mailto:kmaitland@noha-hockey.ca)) and provide the details on the Player and which roster they will be participating with.



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### Tournaments:

These overage Players cannot automatically participate in Tournament. If a Tournament wishes to allow this Player to play with the lower Division Team, then it is the responsibility of the tournament to approve their participation. The Team must provide a written request to the Tournament Host with a copy of the Association and/or League approvals. The Tournament Host will send a written response to their NOHA Council Director as to their decision. The Team must have in their possession a copy of the HCR roster where this overage Player is registered.